



Western
Health
Advantage



reliability
passion
engagement
relationships



full-circle commitment

we care about you

We have a passion for health care. WHA is all about helping people obtain quality health care. We also support medical innovation and promote whole-person health to suit the various needs of our members. WHA offers affordable coverage to employer groups, individuals and families, for every stage of life. We are here to help you stay healthy and facilitate the care you need when you need it.





balance

Behavioral health on all plans

We have partnered with mental health and substance abuse experts to assist in a wide variety of situations. Behavioral health prevention programs are available to you.

choosewha.com/bh



alternative

Find an **option** to traditional care

Acupuncture and chiropractic care [coverage varies by plan] can provide hands-on treatment of pain as well as promote and restore the balance of energy flowing throughout your body.

choosewha.com/cam



accountability

We encourage **healthy lifestyles**

Your MyWHA Wellness program begins with an online wellness assessment and personalized health status report, which set a path to healthy goal setting and an easy-to follow action plan.

choosewha.com/wellness

we're proud of our reputation



For 22 years and counting, we've been a reliable partner in your community. We are known for acting with integrity and for interacting honestly with our partners, while building relationships of trust. We support the doctor-patient relationship and offer access* to quality doctors and hospitals.



*A member's access to doctors and hospitals varies by network. Search our provider directory for details. choosewha.com/directory



New For 2018 > WHA is proud to partner with the Canopy Health (CH) alliance representing John Muir Health, Meritage Medical Network, Hill Physicians and numerous renowned Bay Area facilities.





our facilities

Alameda County

- Alameda Hospital^{CH}
- Highland Hospital^{CH}
- San Leandro Hospital^{CH}
- UCSF Benioff Children's Hospital, Oakland^{CH}
- Washington Hospital^{CH}

Contra Costa County

- John Muir Medical Center, Concord^{CH}
- John Muir Medical Center, Walnut Creek^{CH}
- San Ramon Regional Medical Center^{CH}

Marin County

- Marin General Hospital^{CH}

Napa County

- Queen of the Valley Medical Center

Sacramento County

- Mercy General Hospital
- Mercy Hospital of Folsom
- Mercy San Juan Medical Center
- Methodist Hospital of Sacramento

San Francisco County

- Saint Francis Memorial Hospital^{CH}
- St. Mary's Medical Center^{CH}
- UCSF Benioff Children's Hospital at Mission Bay^{CH}
- UCSF Medical Center at Mission Bay^{CH}
- UCSF Medical Center at Parnassus^{CH}

Solano County

- NorthBay Medical Center
- NorthBay VacaValley Hospital

Sonoma County

- Healdsburg District Hospital
- Petaluma Valley Hospital
- Santa Rosa Memorial Hospital
- Sonoma Valley Hospital^{CH}
- Sonoma West Medical Center

Yolo County

- Woodland Memorial Hospital



our service area

This is a general representation of our service area [effective 1.1.18].



we love being local

WHA prides itself in being the choice of thousands—from Fairfield to Fremont and Penryn to Petaluma. Your community is our community. We strengthen our neighborhoods and enrich the lives of community members by supporting local organizations. We affect positive change in our community through charitable outreach and volunteer efforts. Supporting the communities where we live and work is one of WHA's core values.

we're always here for you

We build long-term, personal relationships because we're easy to work with, reliable and innovative. The mission of our local service team is to provide exceptional service to our members, providers and broker partners. You can easily reach us in person or on the phone. We're responsive and make decisions without delay.

visit [choosewha.com](https://www.choosewha.com)
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