

Discover Mercy San Juan Medical Center's

Newly Expanded Level III NICU

The Level III Neonatal Intensive Care Unit at Mercy San Juan Medical Center has long demonstrated leadership in caring for the smallest and most vulnerable newborns. Our \$35 million expansion enhances our ability to provide exceptional care, increasing in size from 1,200 square feet to 17,889 square feet. Our new, state-of-the art NICU can accommodate 40 infants in 16 private rooms and eight three-bed pods. This will allow one parent to stay with their baby 24 hours a day from the beginning of hospitalization until they are healthy enough to go home. Research shows that parents who remain with their babies contribute to shorter stays and better long-term developmental outcomes, while families appreciate the added opportunity for bonding and privacy.

This expansion strengthens our ability to provide exceptional care.

Mercy San Juan was the first hospital on the West Coast to receive the Joint Commission's Perinatal Care Certification which recognizes our commitment to excellence. We offer 24/7 provider coverage, exceed national standards and have a length of stay below the national average.

Our experienced, multidisciplinary team of neonatal healthcare professionals includes:

- Neonatologist
- Maternal-fetal medicine specialist
- Specialized neonatal nurses
- Neonatal nurse practitioners
- Specialized respiratory therapists
- Developmental specialists
- Lactation consultant
- Neonatal dietitians
- Neonatal pharmacists
- Maternal infant social workers



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Services and Support

We are well-equipped to provide a wide range of specialized care services including:

- Invasive monitoring
- Infant whole-body cooling
- All ventilation modalities including inhaled nitric oxide and high frequency oscillator ventilation
- Telemedicine to participating hospitals
- Ground transport of critically ill neonates
- Ground transport utilizing active cooling

The Family Birth Center features:

- A high-risk antepartum unit and a mother/baby unit
- Two family birth operating suites
- Baby-Friendly certification
- Docent maternity service

Case Management

Our goal is to help NICU parents feel as rested and reassured as possible. We provide special classes in infant CPR and developmental care for at-risk infants. Our maternal infant social workers assess every family for their needs and provide assistance with insurance and disability issues as needed.

For security, all visitors must be accompanied by a banded parent or significant other.

Transfer Process

If you feel your patient will benefit from the high level of care Mercy San Juan's NICU has to offer, please contact us at **916.537.5135** to initiate the transfer process. Please be prepared to:

- Inform the Unit Assistant you have a request for neonatal transport.
- Stand by for the NICU shift manager or charge nurse.
- Offer a full report on infant/situation.
- Fax a face sheet to 916.537.5435 so that we can initiate the transfer as soon as possible.

Take the Next Step

To learn more or to take a virtual tour of the NICU, visit **DignityHealth.org/MercySanJuan/NICU**.

