





2024 • for Large Group (100+ EMPLOYEES)

# we're good for business

**collaborative and innovative:** Founded in 1996 by Dignity Health and NorthBay Health, we partner with doctors and specialists to ensure access to quality care. That close relationship enables us to continually improve and offer innovative programs that support the health and wellness of all members.

**regional autonomy:** Our decision-making process is focused on our member's care, and so we don't get in the way of the patient-doctor relationship. And, when you need fast answers, we are here to provide solutions that best support your health care goals.

**flexible choices with increased access:** Our HMO network includes major hospitals and medical centers, including thousands of trusted local doctors and specialists from multiple medical groups (not just one). The exceptional reputation of our clinical providers simply enables more choices for our members and your employees. The physicians from these medical groups bring access to 15 hospitals and over a dozen urgent care facilities throughout our nine-county service area.













## WHA offers several types of comprehensive health plans:

Employers can choose to offer multiple health plans, allowing to customize their benefits package.

- **Traditional** offers fixed copay/costs with monthly premium to balance value and coverage with no deductible
- **Deductible** co-payment for office visits and a deductible for some services, but with a lower monthly premium
- HSA-compatible High-Deductible (HDHP) when bundled with a health savings account, HDHPs allow members to build funds to pay for out-of-pocket expenses

THIS BENEFIT COMPARISON IS INTENDED TO BE USED AS A SUMMARY ONLY. The applicable Copayment Summary and Combined Evidence of Coverage and Disclosure Form (EOC/DF) should be consulted for a detailed description of coverage benefits and limitations. Applicants have a right to review the EOC/DF prior to enrollment. A copy may be requested by calling 888.499.3198 or via email at whasales@westernhealth.com.

NOTE: Plans are pending DMHC approval.

<b>BENEFIT COMPARISON</b>		PREMIER TRADITIONAL PLANS						
<b>PREMIER PLANS</b> Copayment/coinsurance is listed per visit/per trip/per prescription		0/10/0 0/15/0 0/20/0 0/40/0   HMO HMO HMO HMO   PRIME PRIME PRIME PRIME						
	SELF-ONLY COVERAGE							
MEDICAL DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY		no	ne				
	FAMILY COVERAGE							
	SELF-ONLY COVERAGE							
PRESCRIPTION DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY							
	FAMILY COVERAGE							
ANNUAL	SELF-ONLY COVERAGE	\$1,000	\$1,500	\$1,500	\$1,500			
	INDIVIDUAL WITH FAMILY	\$1,000	\$1,500	\$1,500	\$1,500			
	FAMILY COVERAGE	\$2,500	\$2,500	\$2,500	\$2,500			
PREVE	NTIVE CARE SERVICES <sup>3, 4</sup>							

Preventive Care is Covered in Full (CIF) — includes: annual physical examinations; immunizations, adult and pediatric; women's preventive services; maternity care, routine prenatal and lab tests and first post-natal visit; well baby care; and breast, cervical, prostate and colorectal cancer screenings

PROFESSIONAL/OUTPATIENT SERVICES <sup>3</sup>						
Office or virtual visits	\$10	\$15	\$20	\$40		
Annual eye and hearing exams <sup>7</sup>	\$10	\$15	\$20	\$40		
Outpatient surgery (performed in office setting)	\$10	\$15	\$20	\$40		
Outpatient surgery (facility)	\$100	\$100	\$100	\$100		
Laboratory test, x-rays and diagnostic imaging	CIF	CIF	CIF	CIF		
Imaging (CT/PET scans and MRIs)	CIF	CIF	CIF	CIF		
HOSPITALIZATION SERVICES						
Hospital inpatient, facility	CIF	CIF	CIF	CIF		
Hospital inpatient, professional	CIF	CIF	CIF	CIF		
BEHAVIORAL HEALTH SERVICES Mental Health & Substance Use Disorders						
Office or virtual visits	\$10	\$15	\$20	\$40		
Outpatient other services	CIF	CIF	CIF	CIF		
Inpatient services	CIF	CIF	CIF	CIF		
OTHER SERVICES						
Emergency room (waived if admitted)	\$100	\$100	\$100	\$100		
Urgent care virtual visit/Urgent care center	\$15/\$20	\$20	\$25/\$35	\$45/\$50		
Ambulance services	CIF	CIF	CIF	CIF		
Durable medical equipment <sup>8</sup>	20%6	20%6	20%6	20%6		
Pregnancy support/Pre-implantation genetic testing <sup>9</sup>	50%6	50%6	50% <sup>6</sup>	50%6		
Home self-injectable medication (30-day supply)	20% up to \$100 <sup>6</sup>	20% up to \$100 <sup>6</sup>	20% up to \$100 <sup>6</sup>	20% up to \$100 <sup>6</sup>		
Acupuncture care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15		
Chiropractic care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15		
PRESCRIPTION DRUG PLAN						
Retail Pharmacy (30-day supply) TIER 1						
Retail Pharmacy (30-day supply) TIER 2	2 see prescription drug plans					
Retail Pharmacy (30-day supply) TIER 3						

Large Group: Effective 01.01.24 | CIF — Covered In Full | AD: After Deductible — Copayment applies once deductible is met | See applicable notes

<b>BENEFIT COMPARISON</b>		ADVANTAGE TRADITIONAL PLANS						
<b>ADVANTAGE PLANS</b> Copayment/coinsurance is listed per visit/per trip/per prescription		0/20/250A HMO PRIME	0/15/250 HMO PRIME	0/25/500A HMO PRIME	0/20/500 HMO PRIME	0/20/30% HMO PRIME	0/40/30% HMO PRIME	
	SELF-ONLY COVERAGE							
MEDICAL DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY			noi	ne			
	FAMILY COVERAGE							
	SELF-ONLY COVERAGE							
PRESCRIPTION DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY	n/a						
	FAMILY COVERAGE							
ANNUAL	SELF-ONLY COVERAGE	\$1,500	\$1,500	\$2,500	\$2,500	\$3,000	\$3,000	
	INDIVIDUAL WITH FAMILY	\$1,500	\$1,500	\$2,500	\$2,500	\$3,000	\$3,000	
	FAMILY COVERAGE	\$2,500	\$2,500	\$4,500	\$4,500	\$5,000	\$5,000	
PREVE	NTIVE CARE SERVICES <sup>3, 4</sup>							

Preventive Care is Covered in Full (CIF) — includes: annual physical examinations; immunizations, adult and pediatric; women's preventive services; maternity care, routine prenatal and lab tests and first post-natal visit; well baby care; and breast, cervical, prostate and colorectal cancer screenings

PROFESSIONAL/OUTPATIENT SERVICES <sup>3</sup>		_				
Office or virtual visits	\$20	\$15/30 <sup>₅</sup>	\$25	\$20	\$20	\$40
Annual eye and hearing exams <sup>7</sup>	\$20	\$15/30⁵	\$25	\$20	\$20	\$40
Outpatient surgery (performed in office setting)	\$20	\$15/30 <sup>5</sup>	\$25	\$20	\$20	\$40
Outpatient surgery (facility)	\$100	\$100	\$100	\$100	30%6	30%6
Laboratory test, x-rays and diagnostic imaging	CIF	CIF	CIF	CIF	CIF	CIF
Imaging (CT/PET scans and MRIs)	CIF	CIF	CIF	CIF	CIF	CIF
HOSPITALIZATION SERVICES						
Hospital inpatient, facility	\$250/ admission	\$250/day, days 1 to 3	\$500/ admission	\$500/day, days 1 to 5	30%6	30%
Hospital inpatient, professional	CIF	CIF	CIF	CIF	CIF	CIF
BEHAVIORAL HEALTH SERVICES Mental Health & Substance Use Disorders						
Office or virtual visits	\$20	\$15	\$25	\$20	\$20	\$40
Outpatient other services	CIF	CIF	CIF	CIF	CIF	CIF
Inpatient services	\$250/ admission	\$250/day, days 1 to 3	\$500/ admission	\$500/day, days 1 to 5	30%6	30%6
OTHER SERVICES						
Emergency room (waived if admitted)	\$100	\$100	\$100	\$100	\$100	\$100
Urgent care virtual visit/Urgent care center	\$25/\$35	\$20/\$50	\$30/\$35	\$25/\$35	\$25/\$50	\$45/\$50
Ambulance services	CIF	CIF	CIF	CIF	CIF	CIF
Durable medical equipment <sup>8</sup>	20%6	20%6	20%6	20%6	20%6	20%6
Pregnancy support/Pre-implantation genetic testing <sup>°</sup>	50%6	50%6	50%6	50%6	50%6	50%6
Home self-injectable medication (30-day supply)	20% up to \$100 <sup>6</sup>	20% up to \$100				
Acupuncture care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15	\$15	\$15
Chiropractic care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15	\$15	\$15
PRESCRIPTION DRUG PLANS						
Retail Pharmacy (30-day supply) TIER 1						
Retail Pharmacy (30-day supply) TIER 2	see prescription drug plans					
Retail Pharmacy (30-day supply) TIER 3						

<b>BENEFIT COMPARISON</b>		WESTERN DEDUCTIBLE PLANS						
Сора	<b>WESTERN PLANS</b> syment/coinsurance is listed sit/per trip/per prescription	1000/20/20% HMO PRIME	1000/40/500 HMO PRIME	2500/20/500 HMO PRIME	2500/40/500 HMO PRIME	2500/0/30% HMO PRIME	4500/50/40% HMO PRIME	
	SELF-ONLY COVERAGE	\$1,000	\$1,000	\$2,500	\$2,500	\$2,500	\$4,500	
MEDICAL DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY	\$1,000	\$1,000	\$2,500	\$2,500	\$2,500	\$4,500	
	FAMILY COVERAGE	\$2,000	\$2,000	\$5,000	\$5,000	\$5,000	\$9,000	
	SELF-ONLY COVERAGE							
PRESCRIPTION DEDUCTIBLE <sup>1</sup>		\$150 brand or non-preferred	\$150 brand or non-preferred	\$150 brand or non-preferred	\$150 brand or non-preferred	n/a		
	FAMILY COVERAGE		·		•	,		
ANNUAL	SELF-ONLY COVERAGE	\$3,000	\$4,000	\$5,000	\$5,000	\$5,000	\$6,350	
OUT-OF-POCKET MAXIMUM <sup>2</sup>	INDIVIDUAL WITH FAMILY	\$3,000	\$4,000	\$5,000	\$5,000	\$5,000	\$6,350	
	FAMILY COVERAGE	\$6,000	\$8,000	\$10,000	\$10,000	\$10,000	\$12,700	
PREVE	NTIVE CARE SERVICES <sup>3, 4</sup>							

Preventive Care is Covered in Full (CIF) — includes: annual physical examinations; immunizations, adult and pediatric; women's preventive services; maternity care, routine prenatal and lab tests and first post-natal visit; well baby care; and breast, cervical, prostate and colorectal cancer screenings

PROFESSIONAL/OUTPATIENT SERVICES <sup>3</sup>						
Office or virtual visits	\$20	\$40	\$20	\$40	\$0/\$40 <sup>5</sup>	\$50
Annual eye and hearing exams <sup>7</sup>	\$20	\$40	\$20	\$40	\$0/\$40 <sup>5</sup>	\$50
Outpatient surgery (performed in office setting)	\$20	\$40	\$20	\$40	\$0/\$40 <sup>5</sup>	\$50
Outpatient surgery (facility)	\$250 AD	\$250 AD	\$250 AD	\$250 AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>
Laboratory test / X-rays and diagnostic imaging	CIF	CIF	CIF	CIF	CIF/\$15 AD	CIF AD
Imaging (CT/PET scans and MRIs)	CIF	CIF	CIF	CIF	\$150 AD	CIF AD
HOSPITALIZATION SERVICES						
Hospital inpatient, facility	20% AD6	\$500/day AD	\$500/day AD	\$500/day AD	30% AD <sup>6</sup>	40% AD6
Hospital inpatient, professional	20% AD6	CIF	CIF	CIF	30% AD <sup>6</sup>	40% AD6
BEHAVIORAL HEALTH SERVICES Mental Health & Substance Use Disorders						
Office or virtual visits	\$20	\$40	\$20	\$40	CIF	\$50
Outpatient other services	CIF	CIF	CIF	CIF	CIF	CIF
Inpatient services	20% AD6	\$500/day AD	\$500/day AD	\$500/day AD	30% AD6	40% AD6
OTHER SERVICES						
Emergency room (waived if admitted)	20% AD6	\$100 AD	\$100 AD	\$100 AD	30% AD6	40% AD6
Urgent care virtual visit/Urgent care center	\$25/\$50	\$45/\$50	\$25/\$50	\$45/\$50	\$0/\$50	\$49/\$50
Ambulance services	CIF	CIF	CIF	CIF	CIF	40% AD <sup>6</sup>
Durable medical equipment <sup>8</sup>	20%6	20%6	20%6	20%6	20%6	40% AD6
Pregnancy support/Pre-implantation genetic testing <sup>9</sup>	50%6	50%	50%	50%	50%	50%6
Home self-injectable medication (30-day supply)	20% up to \$100 <sup>6</sup>	20% up to \$10				
Acupuncture care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15	\$15	\$15
Chiropractic care, up to 20 visits <sup>10</sup>	\$15	\$15	\$15	\$15	\$15	\$15
PRESCRIPTION DRUG PLANS						
Retail Pharmacy (30-day supply) TIER 1	\$10	\$10	\$10	\$10	\$10	\$15
Retail Pharmacy (30-day supply) TIER 2	\$30	\$30 AD	\$30 AD	\$30 AD	\$30 AD	\$50
Retail Pharmacy (30-day supply) TIER 3	\$50	\$50 AD	\$50 AD	\$50 AD	\$50 AD	\$75

Large Group: Effective 01.01.24 | CIF — Covered In Full | AD: After Deductible — Copayment applies once deductible is met | See applicable notes

<b>BENEFIT COMPARISON</b>		WESTERN HSA-COMPATIBLE HIGH-DEDUCTIBLE PLANS						
Сора	-DEDUCTIBLE PLANS syment/coinsurance is listed isit/per trip/per prescription	1800/0/0 HDHP HMO PRIME <sup>11</sup>	2800/0/0 HDHP HMO PRIME <sup>11</sup>	2800/40/500 HDHP HMO PRIME <sup>11</sup>	3000/30/30% HDHP HMO PRIME <sup>11</sup>	4000/40%/40% HDHP HMO PRIME <sup>11</sup>	5500/0/0 HDHP HMO PRIME <sup>11</sup>	
	SELF-ONLY COVERAGE	\$1,800	\$2,800	\$2,800	\$3,000	\$4,000	\$5,500	
MEDICAL DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY	\$3,200	\$3,200	\$3,200	\$3,200	\$4,000	\$5,500	
	FAMILY COVERAGE	\$3,600	\$5,600	\$5,600	\$6,000	\$8,000	\$11,000	
	SELF-ONLY COVERAGE							
PRESCRIPTION DEDUCTIBLE <sup>1</sup>	INDIVIDUAL WITH FAMILY			combi	ned with medical			
	FAMILY COVERAGE							
ANNUAL	SELF-ONLY COVERAGE	\$3,600	\$2,800	\$4,000	\$6,350	\$6,350	\$5,500	
OUT-OF-POCKET MAXIMUM <sup>2</sup>	INDIVIDUAL WITH FAMILY	\$3,600	\$3,200	\$4,000	\$6,350	\$6,350	\$5,500	
	FAMILY COVERAGE	\$7,200	\$5,600	\$8,000	\$12,700	\$12,700	\$11,000	
PREVE	NTIVE CARE SERVICES <sup>3, 4</sup>							
	s Covered in Full (CIF) — include utine prenatal and lab tests and							
PROFESSIONAL	/OUTPATIENT SERVICES <sup>3</sup>							
	Office or virtual visits	CIF AD	CIF AD	\$40 AD	\$30 AD	40% AD <sup>6</sup>	CIF AD	
Α	Annual eye and hearing exams <sup>7</sup>	CIF	CIF	CIF	CIF	CIF	CIF	
Outpatient surge	ery (performed in office setting)	CIF AD	CIF AD	\$40 AD	\$30 AD	40% AD <sup>6</sup>	CIF AD	
Outpatient surgery (facility)		CIF AD	CIF AD	\$250 AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
Laboratory test, x-rays and diagnostic imaging		CIF AD	CIF AD	CIF AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
Imaging (CT/PET scans and MRIs)		CIF AD	CIF AD	CIF AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
HOS	SPITALIZATION SERVICES							
	Hospital inpatient, facility	CIF AD	CIF AD	\$500/day AD	30% AD6	40% AD <sup>6</sup>	CIF AD	
ŀ	Hospital inpatient, professional	CIF AD	CIF AD	CIF AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
	IORAL HEALTH SERVICES							
	Office or virtual visits	CIF AD	CIF AD	\$40 AD	\$30 AD	40% AD <sup>6</sup>	CIF AD	
	Outpatient other services	CIF AD	CIF AD	CIF AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
	Inpatient services	CIF AD	CIF AD	\$500/day AD	30% AD <sup>6</sup>	40% AD6	CIF AD	
	OTHER SERVICES							
Emerge	ency room (waived if admitted)	CIF AD	CIF AD	\$100 AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
Urgent care	virtual visit/Urgent care center	CIF AD	CIF AD	\$45 AD/ \$50 AD	30% up to \$35 AD/ 30% AD <sup>6</sup>	40% up to \$49 AD/ 40% AD <sup>6</sup>	CIF AD	
	Ambulance services	CIF AD	CIF AD	CIF AD	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
	Durable medical equipment <sup>8</sup>	CIF AD	CIF AD	20% AD <sup>6</sup>	30% AD <sup>6</sup>	40% AD <sup>6</sup>	CIF AD	
Pregnancy support/Pre	e-implantation genetic testing <sup>9</sup>	50%6	50%6	50%6	50%6	50%6	50%6	
Home self-injectal	ble medication (30-day supply)	CIF AD	CIF AD	20% up to \$100 AD <sup>6</sup>	20% up to \$100 AD <sup>6</sup>	40% up to \$500 AD <sup>6</sup>	CIF AD	
Acu	puncture care, up to 20 visits <sup>10</sup>	CIF AD	CIF AD	CIF AD	CIF AD	CIF AD	CIF AD	
Chiropractic care, up to 20 visits <sup>10</sup>		CIF AD	CIF AD	CIF AD	CIF AD	CIF AD	CIF AD	
PRE	SCRIPTION DRUG PLANS							
Retail Ph	narmacy (30-day supply) TIER 1	CIF AD	CIF AD	\$10 AD	\$10 AD		CIF AD	
Retail Ph	narmacy (30-day supply) TIER 2	\$30 AD	CIF AD	\$30 AD	\$30 AD	40% up to \$500 AD <sup>6</sup>	CIF AD	
Retail Ph	narmacy (30-day supply) TIER 3	\$50 AD	CIF AD	\$50 AD	\$50 AD		CIF AD	

Large Group: Effective 01.01.24 | CIF — Covered In Full | AD: After Deductible — Copayment applies once deductible is met | See applicable notes

## PRESCRIPTION DRUG PLANS

When offering a Premier or an Advantage plan, the employer selects a prescription plan to accompany the medical plan.

	Rx 10/30/50	Rx 10/40/60	Rx 10/30/50 Deductible
TIER 1	\$10	\$10	\$10
TIER 2	\$30	\$40	\$30, after \$150 deductible <sup>1</sup>
TIER 3	\$50	\$60	\$50, after \$150 deductible <sup>1</sup>

# WELLNESS REDEFINED AND BUILT-IN

As your healthy lifestyle partner, your employees may access innovative wellness programs, resources, and even virtual classes to keep healthy and fit. In addition, we've expanded disease management programs and virtual care options, providing greater access to care wherever your employees live/work/play.

# **OPTIONAL RIDERS**

Copayments do not contribute to the medical out-of-pocket maximum. See official plan documents for description of details, limitations and/or exclusions.

## **INFERTILITY SERVICES**<sup>12</sup>

Infertility services

50% benefit, subject to limitations

#### **HEALTHY LIFESTYLE PROGRAM<sup>13</sup>**

Includes personalized coaching, online support and access to resources for:

- Weight Loss/Management
- Smoking Cessation
- Pregnancy and Postpartum

#### HEARING AID PLANS<sup>14</sup>

Choice	\$1,000 allowance	allowance for instrument and ear molds; every 36 months; includes routine hearing exam
Colort	TruHearing® Advanced (\$699/device copayment)	flat copayment based on hearing aid selection;
Select	TruHearing <sup>®</sup> Premium (\$999/device copayment)	up to two hearing aids every 12 months; includes routine hearing exam

#### NOTES

- <sup>1</sup> Medical or prescription services may be subject to a deductible. The member must pay for these services when services are rendered until the deductible is met in that calendar year. Charges under the deductible are based on WHA's contracted rates with the provider of service.
- <sup>2</sup> The annual out-of-pocket maximum is the total amount that the member must pay for certain services in a calendar year.
- <sup>3</sup> Generally, all non-emergency care must be accessed through your Primary Care Physician (PCP) within WHA's provider network. Obstetrical and gynecological services may be obtained directly without a PCP referral.
- <sup>4</sup> There may be an office visit copay if the primary purpose of a visit is not preventive or other services are provided.
- <sup>5</sup> Primary Care Physician copayment/specialist copayment.
- <sup>6</sup> Percentage copayment amounts are based on WHA's contracted rates with the provider of service.
- <sup>7</sup> With the exception of pediatric vision exams, copayments for vision and hearing examinations do not contribute to the out-of-pocket maximum.
- 8 See Copayment Summary for applicable prosthetic/orthotic device copayment amount.
- <sup>9</sup> Services under the pregnancy support and preimplementation genetic testing are separate from the medical plan. Services are not subject to the deductible and copayments do not apply to the out-of-pocket maximum of the medical plan. Employers may decline this benefit.
- <sup>10</sup> Acupuncture and chiropractic services provided through Landmark Healthplan of California, Inc. Copayments for chiropractic services, if applicable, do not contribute to the medical OOP maximum.
- <sup>11</sup> The deductible and annual out-of-pocket maximum amounts are embedded, i.e. each member in the family must meet the Individual with family amount or the family must meet the Family amount before benefits will apply for that member.
- <sup>12</sup> Refer to the Infertility Benefits Copayment Summary for limitations and exclusions.
- <sup>13</sup> Healthy Lifestyle includes three coaching programs (weight loss, smoking cessation, pregnancy) and is administered by Optum Health.
- <sup>14</sup> Hearing aid services are administered by TruHearing. Costs you pay for hearing services, including hearing exam copayment and hearing aid costs, do not contribute to the out-of-pocket maximum.

# ADVANTAGE

**outstanding support:** Our dedicated and knowledgeable Member Services team treats employees and their families with courtesy and respect at all times. That translates into high customer care ratings\* and reliable member experience.

**community commitment:** WHA invests in the communities where we live and work. As a regional health plan, we're involved in our communities and support the organizations that you care about, often extending resources to members.

**preferred choice:** Finally, nearly 94% of our clinical providers and staff recommend\* us to other physicians (and physician groups).

ease of administration: It's simple—we're easy to work with. We care about our employer groups and members so we always make it a priority to be here for them, now and always. You can count on us to take care of our members, who take care of your business. Count on us to be just a phone call away.

\*Visit **choosewha.com/quality** to learn more about WHA's customer satisfaction ratings and annual provider survey results.

# visit choosewha.com



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