WHA's Language Assistance Program



PROVIDER GUIDE





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WHA's Language Assistance Program

Western Health Advantage is committed to delivering culturally and linguistically appropriate services to all members, particularly those with limited English proficiency, are deaf or hard of hearing, or are blind or low vision. WHA and its providers must be sensitive to the cultural and linguistic differences of their members, including the cultural variation in the management of disease.

All WHA providers need to comply with WHA's Language Assistance Program (LAP) by assisting any members with limited English proficiency, or who are deaf/hard of hearing or blind/low vision with access to LAP services. WHA's LAP complies with federal and state requirements and the accreditation standards of the National Committee for Quality Assurance. This guide was developed to assist you in serving WHA's diverse population.

The goal of the LAP is to:

- ensure members with limited English proficiency and members who are deaf/hard of hearing or blind/low vision receive the same scope and quality of health care services that others receive,
- ensure the availability and accessibility of appropriate cultural and linguistic services including quality interpreting services and written materials in a member's preferred language and format,
- improve health outcomes, decrease disparities, and enhance member and provider communication, and
- evaluate and improve cultural and linguistic programs and services.

Members are informed of their right to language assistance services through various documents and sources, including WHA's Evidence of Coverage and Disclosure Form (EOC/ DF), website, and other documents.

Quick Start Guide

- First use the cultural and linguistic (C&L) resources of your contracted medical group. If the C&L resources of your contracted medical group are not available, utilize the resources that WHA offers.
- 2. For telephone interpretation, call one of the three WHA vendors listed in this guide.
- 3. For American Sign Language (ASL), document translations, Braille, and other sensory formatted documents, contact WHA's Member Services at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m.

Member Choice in Choosing a Provider

Members can choose a provider based on a number of factors, including whether their provider and/or their staff speak their preferred language. To aid in making informed choices, WHA's Provider Directory is searchable by a provider's self-declared language(s) other than English.

Identifying Members with Limited English Proficiency

WHA uses various methods to ascertain a member's preferred written and spoken language, including at the time of enrollment. Where available, this information is included in the member's enrollment/eligibility record and is available to WHA's medical groups through the eligibility verification process or by contacting Member Services.

Offering Language Services

Asking members if they want to use an interpreter can sometimes be uncomfortable for both providers and members. Members may feel that their language skills are being questioned or that the use of an interpreter will delay care or incur cost. The following are sample scripts you and your staff may wish to use to offer language assistance services, which are provided free of charge.

- "We want to make sure you have the best possible communication with your doctor so that you receive the highest quality of care. I am going to arrange for <insert language assistance service of choice, for example, an interpreter> to help us. Don't worry; language assistance services are free of charge."
- "In case you'd like to use an interpreter, I'd be happy to call for one. Don't worry; language assistance services are free of charge."
- "I can understand why you'd feel more comfortable with your <spouse, friend> interpreting for you today, but, the interpreter services we offer can provide you and your doctor with quality interpretation by people trained to understand medical information and confidentiality. May I call an interpreter to help us? Don't worry; language assistance services are free of charge."

Using the I-Speak Language **Identification Guide**

The I-Speak Language Identification Guide (see page 12) is a tool for providers to identify the language of members they encounter who do not speak English. Show the card to the member and they can point to their preferred language.

Using Bilingual Staff

WHA's providers and members should first use the interpreter staff and other language assistance services offered by their medical group. Bilingual staff must meet the regulatory standards for interpreters, including but not limited to documented and demonstrated proficiency in both English and the other language(s), fundamental knowledge in both languages of health care terminology and concepts, and education and training in interpreting ethics, conduct, privacy, and confidentiality. For more information about these requirements, please contact your medical group's language assistance services office or email languageassistance@westernhealth.com.

Using Family, Friends, and Minors to Interpret

WHA does not prohibit adult family members and friends from serving as interpreters for members; however, it is discouraged. Members must first be offered professional language assistance and informed of the benefits of using professional interpreter assistance, including those listed below. If the member refuses the offer of using a professional and prefers to use a family member or friend, that refusal must be documented in the member's medical or other record.

The benefits of using professional language assistance are many. Family and friends may be unfamiliar with medical terminology, which may lead to misunderstandings and errors; provide unsolicited advice; and/or have personal agendas. Additionally, the member's privacy and confidentiality is at risk.

Minor children should not be used as interpreters, except

in extraordinary situations such as medical emergencies where any delay could result in harm to a member, and only until a qualified interpreter is available. If a member insists on utilizing a minor child for interpretation, this must be documented in the member's medical or other record.

Documentation

The use of interpreter services and the type of service utilized (e.g., in-person or telephonic) must be documented in the member's medical or other record.

Alternatively, refusal by the member to use professional interpreter services must also be documented in the member's medical or other record.

Tips for Working with Interpreters

The following recommendations will help you effectively work with a language or American Sign Language (ASL) interpreter and will promote better communication, health outcomes, and member satisfaction:

- After introducing yourself to the interpreter, speak directly to the member, not the interpreter. Don't say, "tell him" or "tell her." Position yourself to look directly at the member and not the interpreter.
- Ask one question at a time.
- Keep statements short and pause to allow for interpretation.
- Speak in a normal voice—clearly, not too fast or slow.
- Avoid slang, jargon, and technical terms that may not be understood.
- Be prepared to repeat yourself and rephrase statements if your message is not understood.
- Observe the member's body language for signs of misunderstanding.
- Don't say anything you don't want the member to hear.
- Check to see if the message is understood by having the member repeat important information and/or instructions.

Guide to Using Language Services

WHA's providers should first use the interpreter staff and other language assistance services provided by their medical group; however, if these services are not available, WHA offers interpretation services for all members with limited English proficiency, deaf and hard of hearing members, and blind or low vision members. Interpreting services are available to all members in more than 150 different languages and are provided at no cost to the member.

Members must not be subjected to unreasonable delays in receiving appropriate interpreting services including when scheduling and at the time of appointments. WHA's 24-hour phone interpretation services may be used in the event that on-site bilingual staff or the medical groups' telephone interpreters are not available.

Your Medical Group's Language Assistance Program

Use this space to write the contact information for your medical group's language assistance program:

Name	
Phone Number	
Hours	

Accessing WHA's Interpreter Services

Telephonic Interpretation for Members with Limited English Proficiency

WHA contracts with the telephonic language vendors, listed on the following pages, to provide interpretation services, 24 hours a day, 7 days a week. Providers must have the following information available before placing the call:

- WHA account number
- Medical group code or PIN
- Member's name and WHA member ID number

Accessing an Interpreter using Language Valet

Dial 1.844.931.1248 1.

NOTE: You must provide the following information when prompted



- Enter the 3-digit code of the language you need:
 - For Spanish: Enter 101
 - For All Other Languages: Use code found in the Language Valet Language List (below)
- 3. Enter your 4-digit PIN associated with your medical group:
 - 5650 Dignity Health
 - 8540 Dignity Health Mercy Medical Group
 - 1260 Dignity Health Woodland Healthcare
 - 6794 Hill Physicians (Sacramento Area)
 - 9870 Meritage Medical Network

- 4712 NorthBay Healthcare
- 2804 Providence Medical Network (formerly St. Joseph Health)
- 6665 UC Davis Health System
- 4254 All Subcontracted Providers
- 4. Enter the Custom Call Code (CCC) 16362 and press the # key

NOTE: Entering the # key after the CCC is not required but will improve your connect time.

LANGUAGE VALET

LANGUAGE LIST

	252	Bao-an	344	Cherokee	Е		532	Fukienese
Acholi	136	Basque	525	Chichewa	272	Ebon	514	Fulani
(Sudan-Uganda)	314	Bassa	378	Chin	273	Edo	229	Fuzhou
Afghan	225	Belorussian	405	Chin (Falam)	398	Egyptian Arabic	G	
Afrikaans	324	Bemba (Zambia)	406	Chin (Hakha)	274	Eritrean	230	Ga
Akan	584	Bengali	426	Chin (Matu)	349	Eskimo	231	Gaddang
Akateko	269	Berber	408	Chin (Matu)	326	Esperanto	232	Gaelic
Aklan	585	Bhojpuri	417	Chin (Zanniat)	577	Estonian	250	Galician
Albanian	391	Bhutanese	407	Chin (Zophei)	275	Ethiopian	280	Gallinya
	118	Bicol	530	Chinese	321	Ewe	281	Gana
	382	Borana	346	Chui Chow	F		282	Ganda (Uganda)
•	263	Bosnian	534	Chungshan	327	Fang	388	Garri
•	270	Brazil - Portuguese	316	Chuukese	574	Fanti	216	Georgian
	569	Bulgarian	347	Cree	107	Farsi	557	German
,	542	Burmese	348	Creek	127	Fijian	322	Grebo
	C		341	Crioulo	517	Fijian Polynesian	571	Greek
•	325	Cakchiquel	567	Croatian	395	Filipino	125	Guamanian
	548	Cambodian	563	Czech	552	Finnish	350	Guarani
	531	Cantonese	D		227	Flemish	583	Gujarati
Azerbaijani	513	Cape Verdean	271	Dakota	228	Fon	401	Gulf Arabic
	132	Catalan	555	Danish	276	Foochow	284	Gwa
	122	Cebuano	111	Dari (Afghanistan)	558	French	Н	
	138	Chaldean	131		277	French Cajun	129	Haitian Creole
	403	Chamorro	556	Dutch	383	French Canadian	539	Hakka
	538	Chao Chow	392	Dzongkha	217	French Creole	396	Hamer-Bana
Bangi	226	Chavacano		-	278	Frisian	522	Hausa
	Acholi (Sudan-Uganda) Afghan Afrikaans Akan Akateko Aklan Albanian American Sign Language Amharic (Ethiopia) Apache Arabic Armenia (Western) Armenian Armenian (Eastern) Ashanti Assyrian Azerbaijani Bahasa/Brunei Baluchi Bambara Bandda Bangi	Acholi 136 (Sudan-Uganda) 314 Afghan 225 Afrikaans 324 Akan 584 Akateko 269 Aklan 585 Albanian 391 American 118 Sign Language 382 Amharic (Ethiopia) 263 Apache 270 Arabic 569 Armenia (Western) 542 Armenian (Eastern) 325 Ashanti 548 Assyrian 531 Azerbaijani 513 Bahasa/Brunei 122 Baluchi 138 Bambara 403 Bandda 538	(Sudan-Uganda) 314 Bassa Afghan 225 Belorussian Afrikaans 324 Bemba (Zambia) Akan 584 Bengali Akateko 269 Berber Aklan 585 Bhojpuri Albanian 391 Bhutanese American 118 Bicol Sign Language 382 Borana Amharic (Ethiopia) 263 Bosnian Apache 270 Brazil - Portuguese Arabic 569 Bulgarian Armenia (Western) Armenian C Armenian (Eastern) Ashanti 542 Burmese C Arabic 325 Cakchiquel Ashanti 548 Cambodian Assyrian 531 Cantonese Azerbaijani 513 Cape Verdean Bahasa/Brunei 122 Cebuano Baluchi 138 Chaldean Bambara 403 Chamorro Bandda 538 Chao Chow	Acholi 136 Basque 525 (Sudan-Uganda) 314 Bassa 378 Afghan 225 Belorussian 405 Afrikaans 324 Bemba (Zambia) 406 Akan 584 Bengali 426 Akateko 269 Berber 408 Aklan 585 Bhojpuri 417 Albanian 391 Bhutanese 407 American 118 Bicol 530 Sign Language 382 Borana 346 Amharic (Ethiopia) 263 Bosnian 534 Apache 270 Brazil - Portuguese 316 Arabic 569 Bulgarian 347 Armenia (Western) 542 Burmese 348 Armenian (Eastern) 325 Cakchiquel 567 Ashanti 548 Cambodian 563 Assyrian 531 Cantonese D Azerbaijani 513 Cape Verdean 271 Bahasa/Brunei 122 Cebuano 111 <	Acholi (Sudan-Uganda) 314 Bassa 378 Chin Afghan 225 Belorussian 405 Chin (Falam) Afrikaans 324 Bemba (Zambia) 406 Chin (Hakha) Akan 584 Bengali 426 Chin (Matu) Aklan 585 Bhojpuri 417 Chin (Zanniat) Albanian 391 Bhutanese 407 Chin (Zophei) American 118 Bicol 530 Chinese Sign Language 382 Borana 346 Chui Chow Amharic (Ethiopia) 263 Bosnian 534 Chungshan Apache 270 Brazil - Portuguese 316 Chuukese Arabic 569 Bulgarian 347 Cree Armenia (Western) 542 Burmese 348 Creek Armenian (Eastern) 325 Cakchiquel 567 Croatian Ashanti 548 Cambodian 563 Czech Assyrian 531 Cantonese D Azerbaijani 132 Catalan 555 Danish Bahasa/Brunei 132 Cebuano 111 Dari (Afghanistan) Baluchi 138 Chaldean 131 Dinka (Sudan) Bambara 403 Chamorro 556 Dutch Bandda 538 Chao Chow 392 Dzongkha	Acholi 136 Basque 525 Chichewa 272 (Sudan-Uganda) 314 Bassa 378 Chin 273 Afghan 225 Belorussian 405 Chin (Falam) 398 Afrikaans 324 Bemba (Zambia) 406 Chin (Hakha) 274 Akan 584 Bengali 426 Chin (Matu) 349 Akateko 269 Berber 408 Chin (Matu) 349 Aklan 585 Bhojpuri 417 Chin (Zanniat) 577 Aklan 391 Bhutanese 407 Chin (Zophei) 275 Albanian 391 Bhutanese 407 Chin (Zophei) 275 American 118 Bicol 530 Chinese 321 Sign Language 382 Borana 346 Chui Chow F Amharic (Ethiopia) 263 Bosnian 534 Chuugshan 327 Apache 270 Brazil - Portuguese 316 Chuukese 574 Armenia (Western) 542 B	Acholi 136 Basque 525 Chichewa 272 Ebon (Sudan-Uganda) 314 Bassa 378 Chin 273 Edo Afghan 225 Belorussian 405 Chin (Falam) 398 Egyptian Arabic Afrikaans 324 Bemba (Zambia) 406 Chin (Hakha) 274 Eritrean Akan 584 Bengali 426 Chin (Matu) 349 Eskimo Akateko 269 Berber 408 Chin (Matu) 326 Esperanto Aklan 585 Bhojpuri 417 Chin (Zanniat) 577 Estonian Aklan 381 Bintanese 407 Chin (Zophei) 275 Ethiopian Albanian 391 Bhutanese 407 Chin (Zophei) 275 Ethiopian American 118 Bicol 530 Chinese 321 Ewe Sign Language 382 Borana 346 Chui Chow F F Amharic (Ethiopia) 263 Bosnian 534 Chungshan <	Acholi 136 Basque 525 Chichewa 272 Ebon 514 (Sudan-Uganda) 314 Bassa 378 Chin 273 Edo 229 Afghan 225 Belorussian 405 Chin (Falam) 398 Egyptian Arabic G Afrikaans 324 Bemba (Zambia) 406 Chin (Hakha) 274 Eritrean 230 Akan 584 Bengali 426 Chin (Matu) 349 Eskimo 231 Akan 584 Bengali 426 Chin (Matu) 349 Eskimo 231 Aklan 585 Bhojpuri 417 Chin (Zanniat) 577 Estonian 250 Allanian 391 Bhutanese 407 Chin (Zophei) 275 Ethiopian 280 Albanian 391 Bhutanese 407 Chin (Zophei) 275 Ethiopian 280 American 118 Bicol 530 Chin (Chow F La

LANGUAGE VALET LANGUAGE LIST continued

285 Hawaii Creole	376 Kongo	389 Mola	R	528 Tigrigna (Eritrea)
106 Hebrew	541 Korean	340 Moldovan	430 Rohingya	307 Tohono
582 Hindi	320 Krahn	150 Mongolian	298 Romani	O'Odham
351 Hindko	241 Krio	330 Montagnard	566 Romanian	305 Toisan
319 Hindustani	364 Kru/Krumen	Dega/	578 Russian	536 Toishanese
546 Hmong	370 Kunama	Mon-Khmer	S	128 Tongan
286 Hokkien	140 Kurdish	339 Montenegrin	126 Samoan	334 Triqui
310 Hopi	414 Kurdish (Badini)	281 Moroccan Arabic	431 Saraiki	342 Trukese/
233 Huibei	372 Kurdish (Kurmanj)	390 Mossi	400 Saudi Arabic	Chuukese
352 Huizhou	375 Kurdish (Sorani)	N	255 Sengalese	259 Tshiluba
147 Hunanese	L	293 Nahuatl	148 Serbian	112 Turkish
565 Hungarian	353 Lahu	248 Nanjing	299 Serbo-Croatian	595 Twi
I	143 Lakota	144 Navajo	537 Shanghainese	U
234 Ibanag	367 Lanzhou	374 Ndebele	333 Sichuan/Szech-	576 Ukrainian
218 Ibo	543 Lao	249 Neapolitan	uan	579 Urdu
133 Icelandic	204 Latvian	102 Nepali	256 Sicilian	410 Uyghur
113 Ilocano	402 Levantine Arabic	363 Nigerian English	393 Sierra Leone	336 Uzbek
121 llonggo	524 Lingala	Pidgin	Creole	V
550 Indonesian	575 Lithuanian	554 Nowegian	257 Sindi	549 Vietnamese
518 Inupiaq	313 Loma	294 Nuer (Sudan)	589 Sinhala	308 Visayan
399 Iraqi Arabic	242 Luganda	O	564 Slovak	214 Visayan
559 Italian	329 Luo	251 Oromo (Ethiopia)	301 Slovakian	W
J	243 Luxembourgeois	386 Ouatchi	134 Slovenian	119 Waray-Waray
235 Jakartanese	M	P	142 Somali	428 Welsh
357 Jamaican English	315 Maay Somali	296 Paluan	312 Soninke	520 Wolof
Creole (Patois)	568 Macedonian	116 Pampango	413 Soninke (Maraka)	306 Wu
540 Japanese	587 Maghi	114 Pangasinan	337 Soninke (Sarahu-	260 Wuxinese
411 Jarai	586 Maithili	253 Papiamento	leh)	X
236 Javanese	244 Malagasy	110 Pashto (Afghani-	419 Soninke (Sara-	360 Xhosa
379 Jingpho	551 Malay	stan)	kole)	Y
328 Jula	588 Malayalam	397 Pennsylvania	101 Spanish	361 Yapese
K	354 Malinke	Dutch	258 Suchown	387 Yemeni Arabic
371 Kachchi	245 Maltese	297 Persian	311 Sudanese Arabic	135 Yiddish
412 Kamba	318 Mam	254 Pidgin English	368 Susu/Soso	521 Yoruba
288 Kanjobal		331 Pohnpeian	104 Swahili	362 Yucateco
289 Kannada	535 Mandarin	562 Polish	433 Swahili (Chimwi-	262 Yugoslavian
369 Karen	515 Mandingo	573 Polynesian	ni)	146 Yupik
384 Karenni	246 Mandinka	561 Portuguese	422 Swahili (Kibajuni)	Z
237 Kashmiri	247 Mankon	141 Portuguese Cre-	553 Swedish	115 Zambal
385 Kayah	205 Marathi	ole	377 Sylheti	380 Zande
238 Kazakh	291 Marshallese	358 Pothohari	T	529 Zapoteco
544 Khamu	355 Maya	409 Pulaar	108 Tadzhik	335 Zarma
	356 Mende	580 Punjabi	302 Taechew	427 Zomi
523 Khmer	545 Mien	332 Purepecha/Taras-	117 Tagalog	309 Zulu
239 Kikuyu	423 Mina	СО	533 Taiwanese	507 Zaid
366 Kinya/Rwanda	373 Mirpuri	Q	137 Tamil	
240 Kirghiz	292 Mixteco	145 Quechua	303 Telugu	
338 Kirundi	415 Mixteco Alto	317 Quiche	359 Temne	
424 Kiswahili	416 Mixteco Bajo		547 Thai	
425 Kiziqua	591 Mizo		405 71 .	

105 Tibetan

425 Kizigua

591 Mizo

Accessing an Interpreter using Language World Services

- Call 1-844-723-6288
- Enter your medical group access code:
 - 89691452 Dignity Health
 - 70064352 Dignity Health Mercy Medical Group
 - 72226186 Dignity Health Woodland Healthcare
 - 63752894 Hill Physicians (Sacramento Area)
 - 55543653 Meritage Medical Network



- 28008306 Providence Medical Network (formerly St. Joseph Health)
- 30865405 UC Davis Health System
- 1450782 All Subcontracted Providers

3. Speak or press your language preference

LANGUAGE WORLD SERVICES LANGUAGE LIST

47	Albanian	80	Dari	70	Indonesian	72	Mongolian	85	Tamil
39	Amharic	84	Dutch	56	Italian	25	Nepali	86	Teddim
23	Arabic	33	Farsi	63	Japanese	96	Oromo	57	Thai
59	Armenian	73	Filipino	34	Karen	77	Pashto	83	Tibetan
58	Bangla	26	French	60	Karenni	74	Persian	45	Tigrinya
48	Bengali	36	Fulani	94	Kinyarwanda	42	Polish	97	Tongan
37	Bosnian	82	Georgian	53	Kirundi	35	Portuguese	54	Turkish
67	Bulgarian	61	German	30	Korean	49	Punjabi	66	Twi
21	Burmese	68	Greek	76	Kurdish	52	Romanian	71	Ukrainian
51	Cambodian	40	Gujarati	50	Laotian	27	Russian	41	Urdu
55	Canadian French	28	Haitian Creole	69	Lithuanian	79	Samoan	22	Vietnamese
31	Cantonese	95	Hakha-Chin	93	Macedonian	62	Serbian	88	Yoruba
32	Chin	87	Hakka-Chinese	78	Mai Mai	64	Serbo-Croatian	99	All Other
95	Chin-Hakha	90	Hebrew	75	Malayalam	29	Somali		Languages
28	Creole (Haitian)	43	Hindi	24	Mandarin	1	Spanish		
92	Croatian	44	Hmong	89	Mandingo	38	Swahili		
91	Czech	65	lbo	81	Marshallese	46	Tagalog		

Communication Resources for Members with Hearing, Speech, or **Vision Loss or Impairment**

WHA ensures equal access to health care services for members with hearing, speech, or visual loss or impairment through the coordination of interpreting services and the provision of auxiliary aids at no cost to members.

WHA's providers and members should first use the interpreter staff and other language and sensory assistance services offered by their medical group. American Sign Language (ASL) interpreters must meet the regulatory standards for interpreters, including but not limited to documented and demonstrated proficiency, fundamental knowledge of health care terminology and concepts, and education and training in interpreting ethics, conduct, privacy, and confidentiality. For more information about these requirements, please contact your medical group's language assistance services office or email languageassistance@ westernhealth.com.

Your Medical Group's Sensory Impairment **Assistance Program**

Use this space to write the contact information for your medical group's sensory impairment assistance program:

lame
hone Number
łours

Sensory impairment assistance services provided by WHA include the following:

American Sign Language (ASL) Interpreting

WHA contracts with vendors to serve our hearing- and speech-impaired members by providing in-person ASL interpretation. To request ASL services, please call WHA Member Services at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m.

At least 72 hours is needed to arrange an interpreter through these vendors and providers must have the following information available before calling WHA Member Services:

- Your name
- Medical group name
- Your contact number
- Your email address
- Member's name and WHA member ID number
- Service type:
 - o On-Site (English): Face-to-face between English speakers and sign language users
 - o On-Site (Spanish): Face-to-face between Spanish speakers and sign language users
- Gender preference: female, male, or no preference
- Situation: Briefly describe the circumstances for the requested service
- Date(s) and start/end time(s) of service
- Site name and address
- On-site contact name and telephone number

At this time, WHA can only provide ASL services in English and Spanish.

California Relay Service – TTY/TDD

The California Relay Service (CRS) is an exchange service that enables a person using a teletypewriter (TTY and TDD) to communicate by phone with a person who does not use a TTY and vice-versa. There is no additional charge for this service. Subcontractors and network providers may utilize the CRS directly for members with hearing or speech loss. TDD/TTY service is available Monday through Friday from 8 a.m. to 5 p.m. in either English or Spanish.

For CRS assistance services call:

- WHA Member Services: 888.877.5378 or 711 (TDD/
- Nurse Advice Services: 877.793.3655 (711 TTY)
- Covered California Service Center: 888.889.4500 (TTY)

Materials in Alternative Formats

WHA contracts with vendors that develop written and audible materials in alternate formats for our members with visual loss or impairment, such as:

- Braille
- Large print
- Audio (CD or MP3)
- AccessOne PDF (a PDF document in large print that can be read, listened to or printed)

WHA's providers and members should first use the interpreter staff and other language and sensory assistance services offered by their medical group. WHA provides these services upon request at no charge to members. Members may request materials in alternative formats from their provider or by calling WHA Member Services at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m.

Your Medical Group's Alternate Formats **Assistance Program**

Use this space to write the contact information for your medical group's alternate formats assistance program:

Name	 	
Phone Number	 	
Hours		

Provider requests for alternate formats of non-urgent documents must be sent to WHA within two (2) business days of the member's request, as they must be provided within 21 days of request by law. Urgent document requests must be provided to WHA within one (1) business day of the request, as they must be provided within three (3) calendar days by law.

Contact WHA's Member Services to initiate the request for alternate formats at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m. and have the following information available:

- Your name
- Your medical group name
- Your contact number
- Your email address
- Member's name and WHA member ID number
- Provider's name
- Document(s) to be converted into an alternate format (must be sent by secured email to WHA)
- The format requested, e.g., braille, large print, audio (in CD or MP3), or AccessOne PDF
- The member's preference for receiving the alternate format document, e.g., through email (not available for braille), postal mail, or pick up in person at WHA's main office.

By law, providers initiating a request for alternate formats on behalf of a member must keep a log of the date the member request was received and when the document was provided to WHA.

Written Translation Services

All written materials intended for members falling under the category of "vital" documents are automatically translated and made available in Spanish, WHA's threshold language. "Vital" documents include, but are not limited to:

- **Enrollment applications**
- **FOCs**
- Consent forms
- Letters containing eligibility information and participation criteria
- Prior authorization criteria
- Grievance and appeal rights information and forms
- Notices about the availability of free language assistance and how to access it
- Explanation of benefits or other claim processing information if the document requires a response from the member

Spanish versions of these documents can be found on the WHA website at westernhealth.com or by calling Member Services at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m.

WHA's providers and members should first use the translation assistance services offered by their medical group.

Your Medical Group's Translation Assistance Program

Use this space to write the contact information for your medical group's translation assistance program:

Name	
Phone Number_	
Hours	

Documents can also be provided in up to 150 different languages. If a member desires translation of another type of document not listed above or in a language other than Spanish, they may call the WHA Member Services Department at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m. WHA Member Services may offer to interpret the document over the phone using a language services vendor, if applicable. If a member prefers to receive a written translation of the document, WHA Member Services will initiate the translation process.

Alternatively, a member may request translation of a document from his or her provider. Requests for translation of non-urgent documents from a provider must be sent to WHA within two (2) business days of the member's request as they must be translated and sent to the enrollee within 21 days of request by law. Urgent documents must be provided to WHA within one (1) business day of the request as they must be translated and sent to the enrollee within three (3) calendar days by law. In urgent situations, WHA recommends oral interpretation in person or telephonically of the document, instead of waiting for a written translation.

Contact WHA's Member Services to initiate the translation request at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m., and have the following information available:

- Your name
- Medical group name
- Member's name and WHA member ID number
- Document(s) to be translated (must be sent by secured email to WHA)
- Language to be translated
- Member's preference for receiving the translated document, e.g., through email, postal mail, or picked up in person at WHA's main office

By law, providers initiating a document translation request on behalf of a member must keep a log of the date the member request was received and when the document was provided to WHA.

I-Speak Language Identification Guide

I SPEAK...

ARABIC	أنا أتحدث اللغة العربية	LAOTIAN	ຂອ້ຍປາກພາສາລາວ
ARMENIAN	Ես խոսում եմ հայերեն	LITHUANIAN	Að kalbu lietuviškai
BENGALI	আমী ঝংলা কখা ঝেলতে পারী	MANDARIN (C	我講國語 HINESE) 我讲国语/普通话
BOSNIAN	Ja govorim bosanski	NORWEGIAN	Jeg snakker norsk
BULGARIAN	Аз говоря български	POLISH	Mówi′ po polsku
BURMESE	ကျွန်တော်/ကျွန်မ မြန်မာ လို ပြောတတ် ပါတယ်၊	PORTUGUESE E	u falo português do Brasil (Brasil)
CAMBODIAN	ខ្ញុំនិយាយភាសាខ្មែរ	Eu falo po	rtuguês de Portugal (Portugal)
CANTONESE (C	我講廣東話 CHINESE) 我讲广东话	PUNJABI	ਮੈਂ ਪੰਜਾਬੀ ਬੋਲਦਾ/ਬੋਲਦੀ ਹਾਂ।
CROATIAN	Govorim hrvatski	ROMANIAN	Vorbesc românește
CZECH	Mluvím česky	RUSSIAN	Я говорю по-русски
DUTCH	Ik spreek het Nederlands	SERBIAN	Ја говорим српски
FARSI (PERSIAN)	من فارسي صحبت مي كنم	SLOVAK	Hovorím po slovensky
FRENCH	Je parle français	SPANISH	Yo hablo español
FRENCH CREO (Haitian Creole)	LE M pale kreyòl ayisyen	SWAHILI	Ninaongea Kiswahili
GERMAN	Ich spreche Deutsch	SWEDISH	Jag talar svenska
GREEK	Μιλώ τα ελληνικά	TAGALOG Maru	unong akong mag-Tagalog
GUJARATI	હુ ગુજરાતી બોલુ છુ	THAI	พูดภาษาไทย
HEBREW	אני מדבר עברית	TURKISH	Türkçe konuşurum
HINDI	में हिंदी बोलता हूँ।	UKRAINIAN Я	озмовляю українською мовою
HMONG	Kuv has lug Moob	URDU	میں اردو بولتا ہوں
HUNGARIAN	Beszélek magyarul	VIETNAMESE	Tôi nói tiêng Việt
ITALIAN	Parlo italiano	YORUBA	Mo nso Yooba
JAPANESE	私は日本語を話す	Western Health Advantage	www.westernhealth.com Member Services: 916.563.2250 or 888.563.2250 toll-free
KOREAN	한국어 합니다		TDD/TYY: 888.877.5378

Frequently Asked Questions

Am I required to provide language assistance services?

Yes, under federal and state laws and accreditation requirements, both WHA and its providers are required to provide culturally and linguistically appropriate services to members and patients.

Q. What do I do if a Member refuses language assistance services?

If after offering language assistance services and discussing the benefits, the member refuses these services; document the refusal in the member's medical or other record.

Q. Do my bilingual staff have to be certified?

It depends on what information they are interpreting. Check with your medical group regarding their bilingual interpreter requirements or contact WHA at languageassistance@westernhealth.com.

Q. Who do I contact with questions or concerns about WHA's Language Assistance Program?

Please call WHA Member Services Department at 916.563.2250 or toll-free at 888.563.2250, Monday through Friday, from 8:00 a.m. to 6:00 p.m. or email languageassistance@westernhealth.com.

Q. Where can I find more information on communicating with the limited English proficient population?

Please see the resources listed in the Appendix below.

Appendix

Additional resources for communicating with a diverse population:

- 1. Health Industry Collaboration Effort Better Communication, Better Care: Provider Tools to Care for Diverse Populations: https://www.iceforhealth.org/library.asp?sf=&scid=1284#scid1284
- 2. U.S. Department of Justice ADA requirements for Effective Communication: ada.gov/effective-comm.htm
- 3. American Medical Association: Offers multiple publications, tools, and resources to improve patient outcomes: www.ama-assn.org
- 4. The Think Cultural Health website is sponsored by the federal Office of Minority Health and offers the latest resources and tools to promote cultural and linguistic competency in health care: thinkculturalhealth.hhs.gov



