



Hello – I'm new here!



Western Health Advantage
in partnership with your doctor

health and wellness resources
are always available to you >>>

Well-baby exams are your regular doctor checkups. These visits to your baby's doctor help to prevent future illness, so it's important to take advantage of these preventive checkups as they are included in your WHA plan at no additional cost. Part of your well-baby exam will include* immunizations (or vaccines).

TALK BEFORE THE SHOT(S) During the visit, it's a good time to talk with your baby's doctor about the growth and development of your baby. He/she will give your baby a head-to-toe exam and also look at your baby's development and motor skills. Write down any questions you may have, beforehand, so you can discuss any concerns during the exam. And, if you are feeling depressed, anxious or stressed, do share with the doctor, as he/she is there to help you too!

These well-baby exams are different from when your baby is sick and must see the doctor. The American Academy of Pediatrics (AAP) recommends well-baby visits during a baby's first year at these ages: ✓ 1 month ✓ 2 months ✓ 4 months
✓ 6 months ✓ 9 months ✓ 12 months

YOUR BABY'S VACCINES Vaccines are safe and guard your baby from the life-threatening diseases, such as diphtheria, tetanus, measles, mumps, polio, whooping cough, and others. These vaccines are given at well-baby visits and will help a baby fight against these infectious diseases. Keep on schedule with your baby's vaccines (see chart), which are recommended to start at two months of age. Your pediatrician will discuss when to get the necessary vaccines and why they are important.

*Coverage with WHA services depends on eligibility at the time of service.



SHOT SCHEDULE By Age in Months**

	0	1	2	4	6	12	15	18	19-23
HepB Vaccine (Hepatitis B)	♥	♥			♥				
RV Vaccine (Rotavirus)			♥	♥	♥				
DTaP Vaccine (Diphtheria/Tetanus/Pertussis)			♥	♥	♥		♥		
Hib Vaccine (<i>Haemophilus influenzae</i> type b)			♥	♥	♥	♥			
PCV13 Vaccine (Pneumococcus)			♥	♥	♥	♥			
IPV Vaccine (Polio)			♥	♥	♥	♥			
Flu Vaccine (Influenza)					♥ YEARLY				
MMR Vaccine (Mumps/Measles/Rubella)						♥			
Varicella Vaccine (Chickenpox)						♥			
HepA Vaccine (Hepatitis A)						♥			



Recommended age range

**HEDIS CIS Combo 3 and Combo 10 measures

The Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics (AAP) recommend these vaccinations for infants 0 to 23 months.

For more information on infant wellness, visit >>> mywha.org/Infant



Western Health Advantage

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Visit >>> mywha.org/infant

to learn more from WHA, your partner in health

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