

2022: Capital 20 Platinum 90 HMO to 2023: Capital 20 Platinum 90 HMO

This summary of benefit changes is intended as an overview only. Refer to applicable Copayment Summary and Combined Evidence of Coverage and Disclosure Form (EOC/DF) for full plan details.

BENEFIT CHANGES	2022	2023
no plan changes		



Small Group Benefit Highlights



Acupuncture/Chiropractic

Landmark Healthplan of CA mywha.org/cam



Disease Management

Optum Health[™] + Virta Health mywha.org/dm



Behavioral Health Provider mywha.org/bh



Fitness Savings

ChooseHealthy® + Partners mywha.org/fitness



24/7 Virtual Care

Teladoc[®] + WHA Network mywha.org/virtualvisits



Smoking Cessation Coaching

Optum Health™ mywha.org/wellness



Pediatric Benefits

MESVision[®] + DeltaCare[®] USA mywha.org/myplan

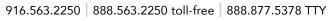


Pharmacy Benefits

OptumRx[®] mywha.org/pharmacy



CLICK/SCAN TO LEARN MORE mywha.org/SGbenefits



*AVAILABLE ON GROUP PLANS ONLY 060122



Virtual Physical Therapy*

Kaia Health™ mywha.org/Kaia



Hypertension Support*

Livongo® mywha.org/Livongo



Nutrition Counseling*

WHA Network mywha.org/nutrition



Travel Assistance

Assist America® mywha.org/travel