



2024 Member Programs

**Smoking Cessation**mywha.org/quit4life**Acupuncture/Chiropractic**mywha.org/cam**Behavioral Health**mywha.org/bh**Digital Physical Therapy**mywha.org/digitalpt**Disease Management**mywha.org/dm**Fitness Savings**mywha.org/fitness**Hypertension Support**mywha.org/manageHBP**Nutrition Counseling**mywha.org/nutrition**Weight Loss**mywha.org/weightloss**Pregnancy Support**mywha.org/parentsupport**Type 2 Diabetes Support**mywha.org/dm
mywha.org/reversedidiabetes**Wellness Assessment**mywha.org/wellness**Virtual Care**mywha.org/virtualvisits
mywha.org/teladoc
mywha.org/nurseadvice**Family Diversity Support**mywha.org/family-diversity**Vision/Eyewear & Dental**mywha.org/directory

Please note: WHA plans may vary. Members should check their plan documents to see if a specific program is offered. WHA services depend on your plan and eligibility at the time of service.