

**Get the help you need
and put your mind at ease**

It happens to everyone. You have a health problem and aren't sure what to do. Now there's a place to turn, 24 hours a day, where you have access to a nurse who will:

- Advise you personally, no matter how big or small the concern
- Use nationally accredited guidelines to assess your symptoms
- Tell you exactly what to do in an emergency
- Talk you through self-care and recommend next steps
- Stay on the line until everything's under control

Best of all, it's provided to you at no additional cost!

**No more waiting and worrying.
Call Nurse24.**

(877) 793-3655



Nurse24SM

When you or a family member
get sick, you want help fast.



Western Health Advantage

Nurse24

The help you need to make the right decisions about your healthcare



"With small kids you never know what's happening next. What a comfort to know the nurse is there."



"They are very knowledgable. They take the time to find out exactly what's wrong, so I can make a better decision."



"Anytime I have a problem or want information, all I do is pick up the phone. The nurse is there 24 hours a day."



Highly trained and experienced Nurses take your call

Now you can call toll-free and speak with a specially trained, compassionate nurse anytime, night or day, whenever you have a health concern. Our nurses are qualified to offer support and information that will help you make more informed health decisions.

24/7 health counseling, education and help with symptom identification

When you speak with a nurse, he or she will ask you questions about your condition such as medications you might be taking, allergies, levels of pain and more. The nurse will evaluate your symptoms, provide an assessment, educate you about your condition and help you take the most appropriate action right then and there. From general health, wellness and medical information to triage of urgent issues, Nurse24 staff will help you make the most informed decisions about what to do. If it's an emergency, the nurse will tell you what

steps to take immediately, and follow up later to see how you're feeling.

Comprehensive support tools help our nurses guide you to the best care

Our Nurse24 team utilizes the nationally accredited Healthwise® Knowledgebase. This database provides a resource for more than 4,000 health topics. Its active medical advisory board reviews and updates guidelines and protocols to provide you with the most up to date information. More information on any topic you've discussed with the nurse can be sent to you. Simply ask.

Nurse24 is a valuable health benefit from your company

Thanks to Nurse24, you never have to worry about what to do when illness or accidents strike. Whether your concerns are big or small, the Nurse24 team is standing by, just a phone call away, 24 hours a day, 365 days a year. Best of all, there's no added charge for this benefit and even the Nurse24 call is toll-free.